

Rewind and reflect

THE
**OTHER
SIDE**

Episode 29



Summary

Everyone will wish they had done more. That's the reality of the Barzakh. Whether righteous or heedless, every soul will look back with one feeling in common: regret. Regret over prayers delayed, forgiveness withheld, or good deeds left undone. Regret not just for the wrongs we committed, but for the good we could have done. This episode reminds us that the time to act is now. It's not too late to return to Allah. To give quietly, to pray sincerely, to hold fast to good even when life feels heavy. These are the deeds that last beyond the grave. These are the seeds of mercy we plant now for a harvest in the hereafter. So don't wait for the regret that every soul will one day taste. Choose today what will benefit you after death—and trust that Allah's mercy is always near.

Discussion questions

- 1 What are some things you believe people will regret once they reach the Barzakh, and how can this motivate you to do better today?
- 2 We see the physical pain and suffering of those martyred in Gaza, but what does the story of Jabir's father remind us about the deeper, spiritual reality of martyrdom?

Application

Apply what you watched in a concrete way to help deepen your understanding.

- 1 If you were to imagine that you were given one more chance to do something meaningful before it was too late, what would that be?
- 2 How can you start working towards that goal today, even if it's in a small way?

INSTRUCTIONS

1. Gather family and friends.
2. Watch **The Other Side, Episode 29**.
3. Read through this guide and discuss the questions provided.
4. Reflect, and grow together in faith.
5. Repeat for **all 30 episodes**.

References

Abu Hurayrah رضي الله عنه reports the Prophet Muhammad صلى الله عليه وسلم said, "There is no one who dies but that he shall have regret." [Tirmidhi #2403]

No one who enters Paradise will want to return to the world and have anything in the earth except the martyr. He will wish to return to the world and be killed ten times because of the honor that he sees from Allah." [Sahih al-Bukhari #2817, Sahih Muslim #1877]

Give out of what We have provided for you, before death comes to one of you and he says, 'My Lord, if You would only relieve me for a little while, I would give in charity and become one of the righteous.' [Qur'an, 63:10]

HISTORICAL FIGURES/EVENTS

The father of Jabir رضي الله عنه

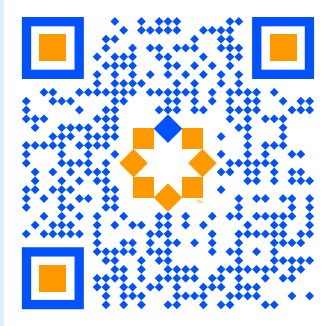
Jabir's father was martyred in the Battle of Uhud. Even though his body had been severely wounded, he wished he could return to this world and be martyred again and again. His desire wasn't driven by what he experienced physically, but by the indescribable beauty his soul encountered after martyrdom. [Sahih al-Bukhari #1293 and Sahih Muslim #2471]

Storyline connection

What actions is Anwar taking now to help fight that feeling of regret we will all inevitably face?

Learn more

Watch this video, discuss, and reflect.
Click here or scan this QR code.



Parent tip

When discussing this topic with children, focus on the idea that meeting Allah is a beautiful and joyous reunion, like finally seeing a loved one after a long time apart. Explain that this life is a journey where we try our best to be kind, do good deeds, and prepare for that special day. Reassure them that Allah is the Most Loving and the Most Merciful, and He wants us to live in a way that brings us happiness in this world and the next.

We would love to hear from you

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