

Rewind and reflect

Episode 28

THE
OTHER
SIDE



Summary

In the stillness of the night, there are some who rise, not for the world, but for the One who created it. Their sides abandon their beds, their hearts full of hope and fear. And in that silence, they speak to Allah. In whispers. In *sujoood*. In tears only He sees. The *Tahajjud* prayer is a secret between you and Allah. A time when the veils are lifted, when the Most Merciful descends, calling out: “Who will ask of Me so I may give?” [*Sahih al-Bukhari* #1145]. The people of the night prayer are hidden in this world, but their reward is stored in the next. Because what is done in secret for the sake of Allah is never lost. This is where the soul is revived, burdens are lifted, and hearts are filled with peace that the world cannot offer. In the quiet. In the dark, and in the most sincere place you’ll ever find yourself.

Storyline connection

Think back to earlier episodes—how has Anwar changed over time? What events or experiences do you think led to this transformation?

Discussion questions

- 1 How do you think doing good deeds in secret, without anyone else knowing, helps you strengthen your sincerity and your relationship with Allah?
- 2 Today, many people spend a lot of time on their phones or screens. But this episode says that *Tahajjud* can be even more “addictive” than that. What do you think is “addictive” about *Tahajjud* that has people keep coming back to it?

INSTRUCTIONS

1. Gather family and friends.
2. Watch **The Other Side, Episode 28**.
3. Read through this guide and discuss the questions provided.
4. Reflect, and grow together in faith.
5. Repeat for **all 30 episodes**.

Tahajjud

A voluntary night prayer, rooted in a word that means to abandon sleep. It’s not just staying up—it’s waking up, rising from the depths of sleep to stand in devotion before the One who never sleeps.

References

The Prophet ﷺ said: “Our Lord descends every night to the lowest heaven when the last third of the night remains, and says: ‘Who is calling upon Me so that I may answer him? Who is asking Me so that I may give him? Who is seeking My forgiveness so that I may forgive him?’” [*Sahih al-Bukhari* #1145; *Sahih Muslim* #758]

“The best prayer after the obligatory prayers is the night prayer (*Tahajjud*).” [*Sahih Muslim* #1163]

“They abandon their beds, invoking their Lord with hope and fear, and donate from what We have provided for them. No soul can imagine what delights are kept in store for them as a reward for what they used to do.” [*Qur’an*, 32:16–17]

Application

Apply what you watched in a concrete way to help deepen your understanding.

Build a habit of *Tahajjud*

- 1 Pick one night a week**
Start with a manageable goal—just one night where you wake up to pray *Tahajjud*.
- 2 Sleep with intention**
Go to bed earlier than usual and make the intention to wake up for *Tahajjud*. This small act of planning counts as part of your worship.
- 3 Set an alarm**
Use an alarm clock (or phone alarm) and place it slightly out of reach so you have to get up to turn it off.
- 4 Keep it simple**
Even two *rak'at* with sincere *du'a* can transform your night.
- 5 Gradually increase**
As it becomes easier, add more nights or more *rak'at*. Let it grow naturally until *Tahajjud* becomes a part of your regular routine.

Activity

Secret Garden of Deeds

This episode discusses how secretive good deeds have a profound impact on spiritual growth.

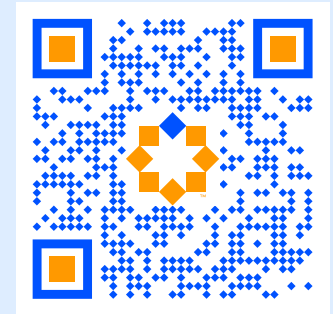
- 1** Create a “Secret Garden of Deeds” by listing out some deeds you can do that remain strictly between you and Allah.
- 2** Get artistic and draw a garden with each flower representing a different deed you can commit to.

Parent tip

When discussing this topic with children, focus on the idea that meeting Allah is a beautiful and joyous reunion, like finally seeing a loved one after a long time apart. Explain that this life is a journey where we try our best to be kind, do good deeds, and prepare for that special day. Reassure them that Allah is the Most Loving and the Most Merciful, and He wants us to live in a way that brings us happiness in this world and the next.

Learn more

Watch this video, discuss, and reflect. Click here or scan this QR code.



We would love to hear from you

Please complete this brief survey to help us improve our discussion guides. All responses will remain confidential. Thank you for sharing your thoughts—may Allah guide us to the best possible Ramadan experience. Click here or scan this QR code.

