

Rewind and reflect

Episode 21

THE
OTHER
SIDE



Summary

In this episode, we're reminded of the small moments we let slip away—the extra *rak'ahs* before *Fajr*, the quiet moments of *Duha*, the chance to stand before Allah in the last third of the night. In the rush of life, we overlook these seemingly small acts of worship, pushing them aside for what feels more urgent. But in the realm of the Barzakh, when the veils are lifted and the true value of our deeds are laid bare, it's these very moments that will be most cherished. Imagine standing before your record, seeing the missed opportunities that could have filled your grave with light. The voluntary prayers—*Tahajjud*, *Duha*, *sunnah* prayers—these are the deeds that we often neglect, thinking they are optional. The *dunya* distracts, but the hereafter reveals. And when we enter the Barzakh, we won't long for more wealth, more status, or more possessions. We'll long for those small prayers, the ones we thought were insignificant but held the greatest weight all along.

Discussion question

What does the story of those in the grave, who wished they had prayed more, teach us about the significance of prayer in our own lives?

Application

Apply what you watched in a concrete way to help deepen your understanding.

- 1 Make a list of what defines a “once-in-a-lifetime opportunity.” Then, reflect on how you can start viewing voluntary prayers in the same way—precious chances you don't want to miss.
- 2 List the benefits of these extra prayers, and place reminders from the episode around your home or workplace to help you stay consistent.

INSTRUCTIONS

1. Gather family and friends.
2. Watch **The Other Side, Episode 21**.
3. Read through this guide and discuss the questions provided.
4. Reflect, and grow together in faith.
5. Repeat for **all 30 episodes**.

Khushoo'

A state of deep humility, reverence, and total submission before Allah, particularly in prayer. It is when the heart is fully present, softened by the awareness of Allah's greatness, and detached from worldly distractions.

References

The Prophet ﷺ passed by a grave and asked about the occupant. When told that it was so-and-so, the Prophet ﷺ said: “Two rak'ahs are more beloved to him than everything of what remains of your worldly life.” [At-Tabarani]

Imam al-Muzani رحمه الله said: “If you want your salah to benefit you, say to yourself: Perhaps I will never pray another (my life will end before the next prayer).” [Qasr Al-'Amal]

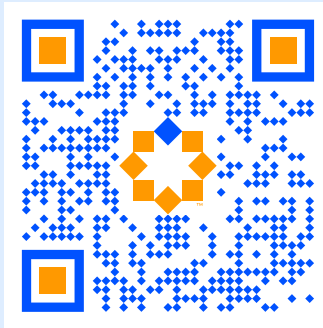
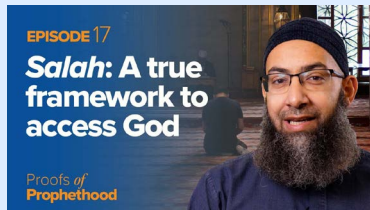
[O Prophet ﷺ], recite what has been revealed to you of the Scripture; keep up the prayer: prayer restrains outrageous and unacceptable behaviour. Remembering Allah is greater: Allah knows everything you are doing. [Qur'an, 29:45]

Storyline connection

Can you relate to the urgency Anwar felt at the start of the video, like the rush to get back to work, even if it meant missing the opportunity to pray *Duha*? How did reflecting on the Barzakh change his perspective by the end of the episode?

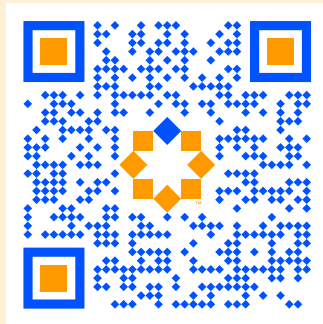
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HISTORICAL FIGURES/EVENTS

Musa al-Hamdani

After Musa al-Hamdani passed away, a relative saw him in a dream and noticed that his forehead shone like a radiant star. He asked, “What is this light on your forehead?”

Musa replied, “It is from the dust of my *sujood* (prostration) on Earth.”

Then the relative asked, “What is your state in the next life?”

Musa answered, “The best. I’m in a garden where we will never die, nor will we ever be forced to leave.”

Similarly, one of the early generations once saw Salamah ibn Kuhayl in a dream and asked him, “Which deeds have you found to be the most beneficial?”

Salamah replied, “Nothing benefited me more than my *qiyam* (standing in night prayer).”

Parent tip

When discussing this topic with children, focus on the idea that meeting Allah is a beautiful and joyous reunion, like finally seeing a loved one after a long time apart. Explain that this life is a journey where we try our best to be kind, do good deeds, and prepare for that special day. Reassure them that Allah is the Most Loving and the Most Merciful, and He wants us to live in a way that brings us happiness in this world and the next.