

Rewind and reflect

Episode 20

THE
OTHER
SIDE



Summary

The Qur'an has the power to illuminate your heart, to be the spring that nourishes your soul, but it can also testify against you if you abandon it. The way you engage with the Qur'an in this life determines its role in your next. If you allow it to be your companion—reciting it, reflecting on it, living by it—it will be the light in your darkest moments, in this world and in the Barzakh. But if you neglect it, turning away from its guidance, it will be a witness against you, a proof of what you left behind. Your recitation, your connection, your love for the Qur'an is the most valuable asset you carry beyond this life. It stays with you when no one else can, bringing peace to your heart in this world and raising your ranks in the next.

Discussion question

You have the potential to be elevated in this life and in the next through your commitment to the Qur'an. What does this type of elevation tell you about the importance of making the Qur'an part of your daily life?

Application

Apply what you watched in a concrete way to help deepen your understanding.

By understanding that your recitation of the Qur'an and its presence in your heart is the most precious asset you carry into the Barzakh, what steps can you take today to improve your connection with it?

Storyline connection

In the video, Anwar's Qur'an is shown covered in dust, symbolizing how long it has been neglected. Reflecting on your own relationship with the Qur'an, how can you make it a part of your daily life so it doesn't end up like Anwar's?

INSTRUCTIONS

1. Gather family and friends.
2. Watch **The Other Side, Episode 20**.
3. Read through this guide and discuss the questions provided.
4. Reflect, and grow together in faith.
5. Repeat for **all 30 episodes**.

References

The Prophet ﷺ said, "Indeed, the Qur'an will meet its companion on the Day of Resurrection when his grave is opened, appearing like a pale man. It will say to him, 'Do you recognize me?' The man will reply, 'I do not recognize you.' The Qur'an will say, 'I am your companion, the Qur'an, that made you thirsty during the scorching days and kept you awake during the nights. Every merchant benefits from his trade, and today you will benefit from all of your trade.'" [Musnad Ahmad #22950]

Abdullah ibn Mas'ud said: Whoever reads Tabarak alladhi bi yadihi'l-mulk [i.e., Surah al-Mulk] every night will be protected by Allah from the torment of the grave. At the time of the Messenger of Allah we used to call it al-mani'ah (that which protects). In the Book of Allah it is a surah which, whoever recites it every night has done very well. [An-Nasa'i in As-Sunan al-Kubra # 10547]

Activity

Abdullah ibn Mas'ud said: *"Whoever reads Surah al-Mulk every night, Allah will protect him from the torment of the grave."*

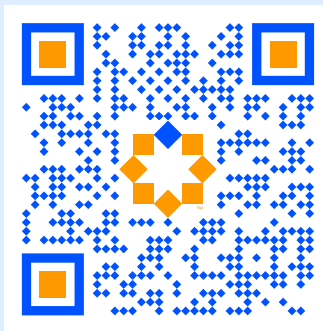
Here's how you can build the habit of reciting Surah al-Mulk consistently:

- 1 Find a Qur'an buddy**—Partner up with someone who can help keep you accountable and motivated to recite Surah al-Mulk regularly at night.
- 2 Start small and build gradually**—Begin by reading Surah al-Mulk once a week. Once that becomes a habit, increase to twice a week, then gradually work your way up to reciting it every night.
- 3 Ease into it**—If reciting the entire *surah* at once feels overwhelming, start with just a few verses each night and gradually increase until you're completing the full *surah* every night.

With consistency, this simple habit can become a source of immense benefit for you in the Barzakh. Make it a part of your evening routine!

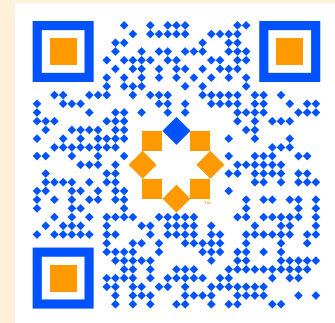
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Parent tip

When discussing this topic with children, focus on the idea that meeting Allah is a beautiful and joyous reunion, like finally seeing a loved one after a long time apart. Explain that this life is a journey where we try our best to be kind, do good deeds, and prepare for that special day. Reassure them that Allah is the Most Loving and the Most Merciful, and He wants us to live in a way that brings us happiness in this world and the next.