

Rewind and reflect

Episode 14

THE
OTHER
SIDE



Summary

Every deed we've ever done, whether we remember it or not, leaves a mark. Some of them we barely notice, but they follow us. Others, we forget entirely, yet they shape our destiny. On the Day of Judgment, our deeds will be laid out before us, and in the grave, they will be our only companions. For some, sins they once feared will be erased, and small, consistent acts of goodness will weigh heavier than they ever imagined. Allah's mercy is vast, always within reach for those who strive to do good. What we send forth in this life, our actions, our words, our choices will accompany us in the Barzakh. They live with us. They protect us. And for some, they may even be the very thing that saves us.

Discussion question

The Prophet ﷺ would engage in small actions that would make anyone interacting with him feel valued. Things like turning his whole body towards someone while speaking, smiling, or being kind to neighbors. Reflect on the intentions around your small actions. How can you renew your intentions so even the smallest of actions are a means of getting closer to Allah and emulating the character of the Prophet ﷺ?

Application

Apply what you watched in a concrete way to help deepen your understanding.

Knowing that the most beloved deeds to Allah are those that are consistent, even if they are small, think about three actions you can start this week and maintain throughout the rest of Ramadan. Look into examples from the Prophet's ﷺ life to help you develop your three actions, (e.g., make *du'a* for someone in their absence, smiling, dressing nice for *jumu'ah*).

INSTRUCTIONS

1. Gather family and friends.
2. Watch **The Other Side, Episode 14**.
3. Read through this guide and discuss the questions provided.
4. Reflect, and grow together in faith.
5. Repeat for **all 30 episodes**.

*Amr bil ma'ruf wa
nahi 'an al-munkar*

Enjoining good and
forbidding evil.

References

The Prophet ﷺ said: "Three things follow a person to their grave: their family, their wealth, and their deeds. Two of them will return and one will stay with them. Their family and wealth will return, but their deeds will stay with them." [Bukhari #6514 and Muslim #2960]

The Prophet ﷺ said: "The most beloved deeds to Allah are those which are done consistently, even if they are small." [Bukhari #6464 and Muslim #783b]

Activity

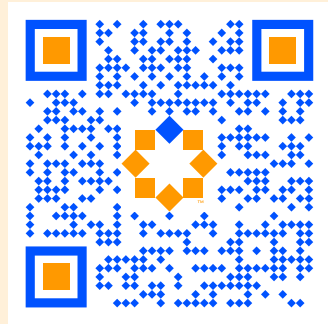
- 1 Download the **Habits to Win Journal** from the Yaqeen website.
- 2 Choose at least 1–2 pages of the journal to commit to **each day** to build better productivity habits.
- 3 Revisit the journal at the end of Ramadan and reflect on any new habits you have developed, and other areas that may still need improvement.

Parent tip

When discussing this topic with children, focus on the idea that meeting Allah is a beautiful and joyous reunion, like finally seeing a loved one after a long time apart. Explain that this life is a journey where we try our best to be kind, do good deeds, and prepare for that special day. Reassure them that Allah is the Most Loving and the Most Merciful, and He wants us to live in a way that brings us happiness in this world and the next.

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