

Rewind and reflect

THE
**OTHER
SIDE**

Episode 12



Summary

This episode shows a connection between birds and the spiritual condition of the soul. The souls of believers are like birds in Paradise in close proximity to Allah's Throne. The martyrs will be in the form of green birds, enjoying beauty and freedom. The souls of disbelievers are likened to birds of darkness that are rejected and cast away. The more righteous a soul is in this life, the more beautiful their form is in the next life.

Discussion questions

- 1 If your heart were like the heart of a bird, how would you describe its relationship with Allah? (Consider the concepts of reliance on Allah, the softness of the heart, and the connection between your actions now and the future state of your soul.)
- 2 The episode discusses how the soul of a believer can take the form of a beautiful bird, while the soul of a disbeliever may resemble something distasteful. What kinds of actions or attitudes do you think contribute to a soul becoming like the "beautiful green bird" under Allah's Throne?

Application

Apply what you watched in a concrete way to help deepen your understanding.

Think about a time when you made a choice that brought you closer to Allah (e.g., helping someone, praying, or making a sincere *du'a*). How did that action feel in your heart (feeling light, full, fulfilled, etc), and how do you think it might affect the way your soul "soars" in the hereafter?

INSTRUCTIONS

1. Gather family and friends.
2. Watch **The Other Side, Episode 12**.
3. Read through this guide and discuss the questions provided.
4. Reflect, and grow together in faith.
5. Repeat for **all 30 episodes**.

Tawakkul

To trust in Allah with your heart while striving with your hands, knowing that Allah is in control of every outcome.

References

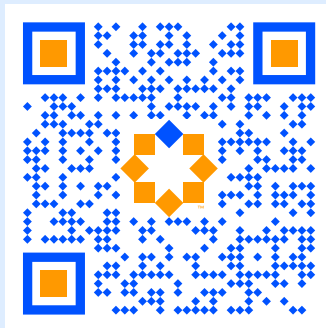
The Prophet ﷺ said, "People whose hearts are like the hearts of birds will enter Paradise." [Sahih Muslim #2840] (Referring to tawakkul.)

The Prophet ﷺ said, "If you were to rely upon Allah with reliance due to Him, He would provide for you just as He provides for the birds. They go out in the morning with empty stomachs and return full." [Sunan at-Tirmidhi #2344]

Do they not see the birds above them spreading and closing their wings? It is only the Lord of Mercy who holds them up: He watches over everything. [Qur'an, 67:19]

Learn more

Read this infographic, discuss, and reflect. Click here or scan this QR code.

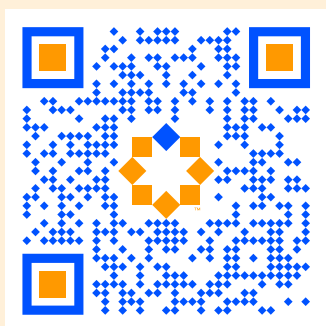


Parent tip

When discussing this topic with children, focus on the idea that meeting Allah is a beautiful and joyous reunion, like finally seeing a loved one after a long time apart. Explain that this life is a journey where we try our best to be kind, do good deeds, and prepare for that special day. Reassure them that Allah is the Most Loving and the Most Merciful, and He wants us to live in a way that brings us happiness in this world and the next.

We would love to hear from you

Please complete this brief survey to help us improve our discussion guides. All responses will remain confidential. Thank you for sharing your thoughts—may Allah guide us to the best possible Ramadan experience. Click here or scan this QR code.



HISTORICAL FIGURES/EVENTS

Amr ibn Qays

Amr ibn Qays was known for his worship. He was a man whose righteousness left an imprint even beyond his death. As his body was carried to the cemetery, a voice echoed in the air: “Here comes the good-doer, Amr ibn Qays.” Then, something extraordinary happened. The sky filled with doves—unlike anything anyone had ever seen before. Their beauty left people in awe. Some were amazed, questioning what they were witnessing. But Abu Hayyan, a scholar of his time, reassured them: “Do not be surprised, for these are angels who have come to welcome Amr.” It was a moment that reminded everyone—when a person lives their life in obedience to Allah, even the unseen world rejoices at their return. [*Al-Muqliq* p. 46; *Siyar A’lam an-Nubala’* 6:250]