

Rewind and reflect

Episode 7

THE
OTHER
SIDE



Summary

You can be physically alive yet spiritually dead. When we disconnect from Allah, we lose the very essence of our soul's life. True spiritual renewal comes through repentance, worship, and a deep connection with our Creator. Allah tells us that disobedience leads to spiritual death, and the first to experience this was Iblis. While physical death is inevitable, spiritual death is far worse—because it's a choice. However, just like the body can heal, the soul can be revived. The door of repentance and Allah's mercy is always open to believers.

INSTRUCTIONS

1. Gather family and friends.
2. Watch **The Other Side, Episode 7**.
3. Read through this guide and discuss the questions provided.
4. Reflect, and grow together in faith.
5. Repeat for **all 30 episodes**.

Alam al-Dharr

Realm of pre-existence, referring to the time before a soul is born into this world.

Discussion question

The episode asks: “Are you alive right now, or are you already dead?” It challenges us to consider our spiritual state. How do you feel about your current connection to Allah? What actions or habits could help you feel spiritually more alive and aware of Allah in your daily life?

Application

Apply what you watched in a concrete way to help deepen your understanding.

- 1 The episode mentions how trials and challenges in life can purify us, like a rebirth from our sins. Think of a recent difficulty you faced. How did you respond, and how can you use that experience to grow spiritually?
- 2 Reflect on the “doors” Allah has placed before you and consider how you will navigate them to safeguard your soul from spiritual death.

HISTORICAL FIGURES/EVENTS

Sulayman ibn Dawood

Abdullah ibn Amr narrated: “When Sulayman bin Dawud finished building Bayt al-Maqdis, he asked Allah for three things: judgment that was in harmony with His judgment, a kingdom that no one after him would have, and that no one should come to this mosque, intending only to pray there, but he would emerge free of sin as the day his mother gave birth to him.” The Prophet ﷺ said: “Two prayers were granted, and I hope that the third was also granted.” [Sunan Ibn Majah #1408]

Storyline connection

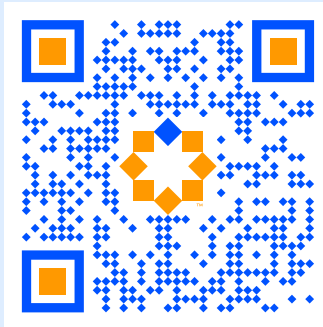
As we walk through life, we have many “doors” to choose from. Some of these “doors” include obedience to Allah, others include falling into desires and temptations. Since Anwar chose to close the door firmly on disobedient acts, how does this decision help him avoid a spiritual death?

Parent tip

When discussing this topic with children, focus on the idea that meeting Allah is a beautiful and joyous reunion, like finally seeing a loved one after a long time apart. Explain that this life is a journey where we try our best to be kind, do good deeds, and prepare for that special day. Reassure them that Allah is the Most Loving and the Most Merciful, and He wants us to live in a way that brings us happiness in this world and the next.

Learn more

Watch this video, discuss, and reflect. Click here or scan this QR code.



References

Uqbah ibn Amir narrated that the Prophet ﷺ said: “There is no Muslim who performs wudu properly, then stands in prayer while he knows what he is saying, except that he will emerge just like the day his mother gave birth to him.” [Musnad ad-Darimi]

Except those who repent, believe, and do good deeds: God will change the evil deeds of such people into good ones. He is Most Forgiving, Most Merciful. [Qur'an, 25:70]

We would love to hear from you

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