

Rewind and reflect

Episode 29

THE
NAME
I NEED

Time

Allah's Beautiful Names of **Al-Awwal (The First)**, **Al-Aakhir (The Last)**, **Al-Dhaahir (The Manifest)**, and **Al-Baatin (The Hidden)** reshape how we see time, loss, and purpose.

Al-Awwal reminds us that our story did not begin by chance, but by the wisdom and decree of Allah. **Al-Aakhir** comforts us that when everything fades, He remains, and to Him is our return.

Between those anchors, He is **Al-Dhaahir**, whose signs are evident throughout creation, so we are never without reminders of His care. He is also **Al-Baatin**, hidden from our sight yet nearer than we realize, so that nothing we carry in silence escapes Him.

Reflecting on these Names helps us understand that we are never drifting through time; our lives unfold between a beginning Allah decreed and an ending He will bring to fulfillment.



Conversation prompt

Your story is not random. Allah has sustained you from the beginning, through every moment, and will remain when all else fades.

Have each family member share an “origin story,” a moment that shaped who they are.

Then ask: Where do you now see Allah clearly in that story? Where do you now recognize His subtle care that you did not see at the time?

Reflection

Ramadan is almost over. If my story ended tonight, would I be at peace meeting Allah, **Al-Aakhir**?

Last Ramadan, some who were with us are gone today. Some of us fasting now may not see the next Ramadan.

- 1 Share stories of those who met their Lord in a beautiful state, living sincerely for Allah.
- 2 Ask yourself: What can I do tonight to be ready to return to my Creator?

DIY du'a builder

Build **your own du'a** by filling in **the Name you need**, its meaning to you, and how you're calling upon Allah to meet a personal need.

O Allah, You are [the Name] _____
the One who _____

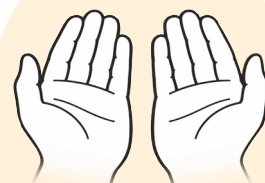
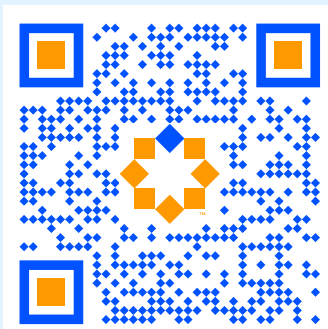
Please help me with _____

Example:

O Allah, You are **Al-Baatin**, hidden from our sight yet encompassing all things. Nothing within my heart is concealed from You. Ease my loneliness and anxiety, for You know what no one else sees.

We would love to hear from you

Please complete this brief survey to help us improve our discussion guides. All responses will remain confidential. Thank you for sharing your thoughts—may Allah guide us to the best possible Ramadan experience. Click here or scan this QR code.



Du'a from the Sunnah

Du'a of the Prophet ﷺ to relieve poverty/debt

اللَّهُمَّ أَنْتَ الْأَوَّلُ فَلَيْسَ قَبْلَكَ شَيْءٌ،
وَأَنْتَ الْآخِرُ فَلَيْسَ بَعْدَكَ شَيْءٌ،
وَأَنْتَ الظَّاهِرُ فَلَيْسَ فَوْقَكَ شَيْءٌ،
وَأَنْتَ الْبَاطِنُ فَلَيْسَ دُونَكَ شَيْءٌ،
اقْضِ عَنَّا الدَّيْنَ وَأَغْنِنَا مِنَ الْفَقْرِ

O Allah, You are **the First**.
There is nothing before You.

You are **the Last**.
There is nothing after You.

You are **the Manifest**.
There is nothing above You.

You are **the Hidden**.
There is nothing beyond You.

Relieve us of debt and
enrich us from poverty.

[Sahih Muslim #2713]