

Rewind and reflect

Episode 21

THE
NAME
I NEED

Wealth

Wherever we find ourselves, it is Allah's *rizq* (provision) that sustains us. He is **Ar-Razzaaq (The Provider)**. Every provision reaches us by His decree, in the form and at the time He wills.

Allah is **Al-Kareem (The Generous and Noble)**. He gives beyond what we need, and honors us beyond what we deserve. He may grant us the honor of serving as a means through which someone else's decreed *rizq* is delivered.

Allah is **Al-Akram (The Most Generous)**. He gives by His wisdom and withholds by His wisdom. What we perceive as denial may, in reality, be a subtler form of His generosity.

Ar-Razzaaq may safeguard us by withholding what we desperately ask for. **Al-Kareem** may protect us by delaying what we believe we need now. **Al-Akram** may replace what we have lost with something better than we imagined. In every case, our *rizq* is measured, decreed, and delivered by our Generous Lord.



Conversation prompt

Allah is **Ar-Razzaaq**. His *rizq* can come in surprising or unexpected ways and from sources you never imagined.

Share the first example that comes to mind of a time Allah, **Ar-Razzaaq**, provided you with *rizq* in an unexpected way.

Reflection

Allah is **Al-Kareem**. He gives us more than we could ever deserve.

To show your gratitude to **Al-Kareem**, add a section to your *muhasabah* (self-accountability) journal that lists the different forms of *rizq* you intend to thank Allah for every day.

Then write one resolution for the next day: a simple way you can, with Allah's permission, serve as a means of *rizq* for someone else.

DIY *du'a* builder

Build **your own *du'a*** by filling in **the Name you need**, its meaning to you, and how you're calling upon Allah to meet a personal need.

O Allah, You are [the Name] _____
the One who _____

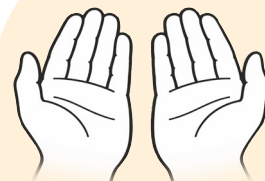
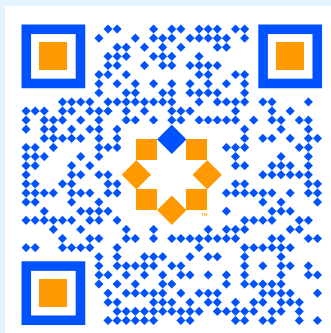
Please help me with _____

Example:

O Allah, You are **Al-Razzaaq**, the Provider. Provide us safety and security in our homes, just as You provide protection to the birds in their nests.

We would love to hear from you

Please complete this brief survey to help us improve our discussion guides. All responses will remain confidential. Thank you for sharing your thoughts—may Allah guide us to the best possible Ramadan experience. Click here or scan this QR code.



Du'a from the Sunnah

Du'a after eating

الْحَمْدُ لِلَّهِ الَّذِي أَطْعَمَنِي هَذَا وَرَزَقَنِيهِ
مِنْ غَيْرِ حَوْلٍ مِنِّي وَلَا قُوَّةٍ

All praise to Allah who fed me and provided for me without any power or strength from me.
[Jami' at-Tirmidhi #3458]