

Rewind and reflect

Episode 20

THE
NOME
I NEED

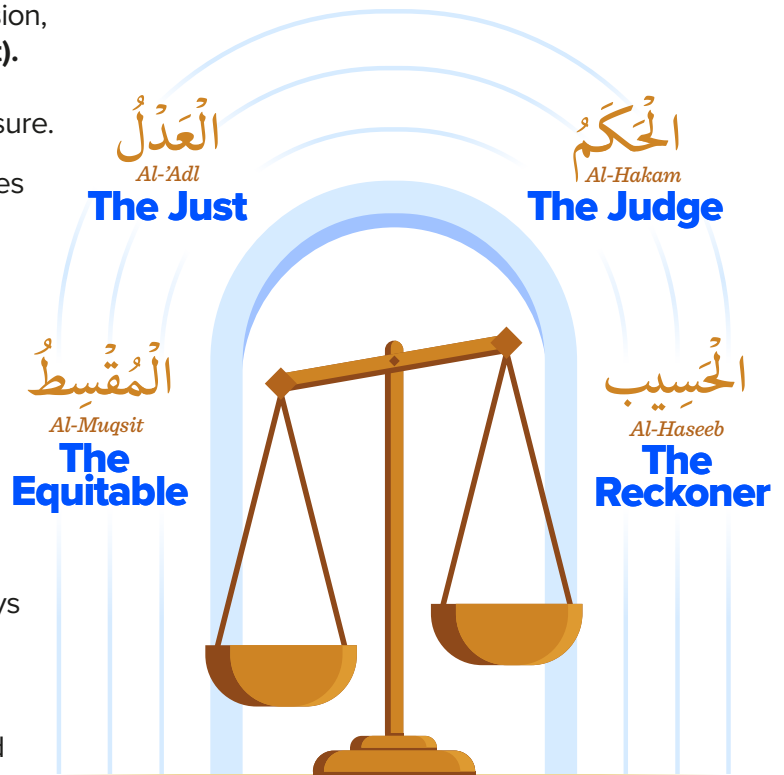
Justice

When we experience wrongdoing or oppression, we remember that Allah is **Al-'Adl (The Just)**. His justice is intrinsic to who He is. Nothing escapes it, and nothing falls outside its measure.

He is also **Al-Muqsit (The Equitable)**. He gives every soul what it deserves and restores balance where there is harm. In this world, however, justice is not always fully seen. In His wisdom, its completion is delayed.

Al-Hakam (The Judge) will deliver the final and binding judgment on the Day of Reckoning. On that Day, every claim will be settled, and every matter decided.

Sometimes, the loss feels heavy—a loss that can never be replaced in this life. It is Allah, **Al-Haseeb (The Reckoner)**, who repays with full measure. Not a single wrong done to us escapes Him, nor does any moment of patience and perseverance we show in response to it. **Al-Haseeb** will ultimately hold each person to account for their deeds and will be with those who patiently endure.



Conversation prompt

Allah is **Al-'Adl** (The Just), and He commands us to act with justice in all of our dealings. Recall a time when you witnessed unfair treatment or experienced it yourself.

What do you think made it difficult for justice to be upheld in that situation?

What is one small way we can try to bring more fairness into our everyday interactions?

Reflection

Allah is **Al-Haseeb**. 'Umar رضي الله عنه famously said,

حَاسِبُوا أَنْفُسَكُمْ قَبْلَ أَنْ تُحَاسَبُوا

“Hold yourselves to account before you are held to account.”

Start a daily *muhasabah* (self-accountability) journal. Each night, reflect honestly:

- ◆ Did I fulfill my obligations today, especially my five daily prayers?
- ◆ Did I avoid what I know displeases Allah?
- ◆ What good deed did I do today that only Allah knows about?
- ◆ Where did I fall short, and how can I improve?
- ◆ What intentions should I renew for tomorrow?

DIY *du'a* builder

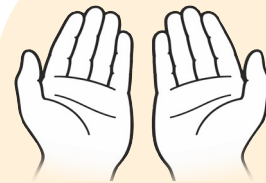
Build **your own *du'a*** by filling in **the Name you need**, its meaning to you, and how you're calling upon Allah to meet a personal need.

O Allah, You are [the Name] _____
the One who _____

Please help me with _____

Example:

O Allah, You are **Al-Haseeb**, the One who takes account of all deeds. Allow me to take account of myself before I stand before You on the Day of Reckoning. Make me aware of my shortcomings and help me acknowledge and correct them. Grant me the humility to seek Your forgiveness, and do not leave me to myself for even a moment.



***Du'a* from the Sunnah**

***Du'a* for easy accountability
on the Day of Judgment**

اللَّهُمَّ حَاسِبْنِي حِسَابًا يَسِيرًا

**O Allah, grant me an
easy reckoning.**

[Musnad Ahmad #24261]

We would love to hear from you

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