

Rewind and reflect

Episode 19

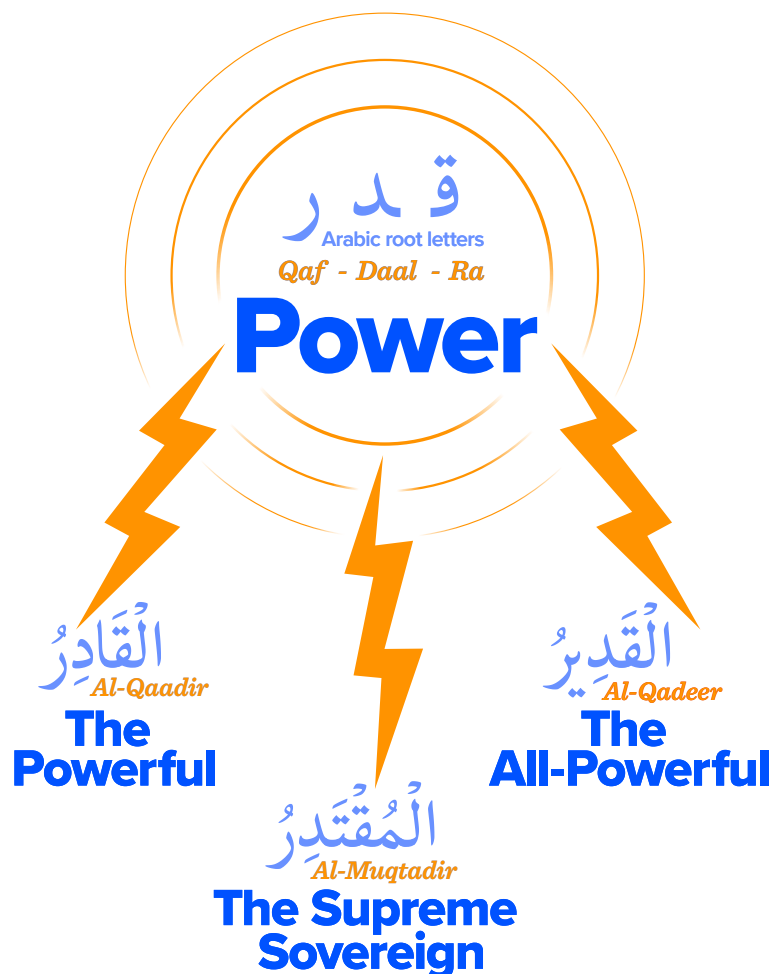
THE
NOME
I NEED

Power

On the brink of the last ten nights, remember that it is **Al-Qaadir** (The Powerful), **Al-Qadeer** (The All-Powerful), and **Al-Muqtadir** (The Supreme Sovereign) before whom we stand.

When something feels impossible, we call upon **Al-Qaadir** and **Al-Qadeer**—for whom nothing is impossible and by whose decree all things occur. Moreover, He is **Al-Muqtadir**, the One who executes His power with complete authority and perfection.

We call upon Allah with faith and confidence, knowing that He has power over every difficulty we face. His power is all-encompassing, and He executes that power in the most perfect way. Tyrants fall, empires collapse, and the oppressed prevail, all by His command—and that is not difficult for Allah.



Conversation prompt

There is always that one problem that feels impossible to overcome. Allah is **Al-Qaadir**, the One who has power over everything—even that challenging circumstance.

What is something that just feels too big or difficult to solve right now?

How does remembering Allah's power over all matters change how you feel about that problem?

Reflection

Think of an “impossible” *du'a*: What is something you really want but have not been making *du'a* for because it just does not seem possible? Push the limits, and resolve to make *du'a* for it every day with perfect confidence in Allah as **Al-Qaadir**, **Al-Qadeer**, and **Al-Muqtadir**, knowing that nothing is beyond His power—even if the outcome unfolds differently than you expect.

DIY du'a builder

Build **your own du'a** by filling in **the Name you need**, its meaning to you, and how you're calling upon Allah to meet a personal need.

O Allah, You are [the Name] _____
the One who _____

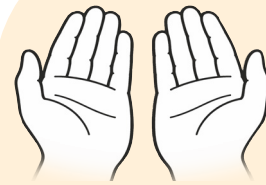
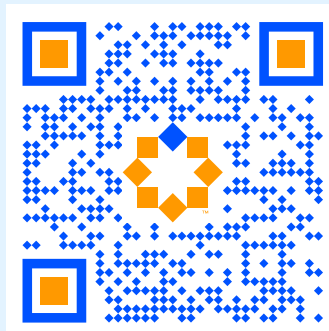
Please help me with _____

Example:

O Allah, You are **Al-Qadir**, the One who is capable of all things. Free al-Masjid al-Aqsa, just as You freed Your Sacred House from the idol worshippers.

We would love to hear from you

Please complete this brief survey to help us improve our discussion guides. All responses will remain confidential. Thank you for sharing your thoughts—may Allah guide us to the best possible Ramadan experience. Click here or scan this QR code.



Du'a from the Sunnah

Du'a of istikhara (seeking guidance)

اللَّهُمَّ إِنِّي أَسْتَخِيرُكَ بِعِلْمِكَ، وَأَسْتَقْدِرُكَ بِقُدْرَتِكَ، وَأَسْأَلُكَ مِنْ فَضْلِكَ الْعَظِيمِ، فَإِنَّكَ تَقْدِرُ وَلَا أَقْدِرُ، وَتَعْلَمُ وَلَا أَعْلَمُ، وَأَنْتَ عَلَّامُ الْغُيُوبِ، اللَّهُمَّ إِنْ كُنْتَ تَعْلَمُ أَنَّ هَذَا الْأَمْرَ خَيْرٌ لِي فِي دِينِي وَمَعَاشِي وَعَاقِبَةِ أُمْرِي— أَوْ قَالَ عَاجِلْ أَمْرِي وَآجِلِهِ—فَاقْدُرْهُ لِي، وَإِنْ كُنْتَ تَعْلَمُ أَنَّ هَذَا الْأَمْرَ شَرٌّ لِي فِي دِينِي وَمَعَاشِي وَعَاقِبَةِ أُمْرِي— أَوْ قَالَ فِي عَاجِلِ أَمْرِي وَآجِلِهِ—فَاصْرِفْهُ عَنِّي وَاصْرِفْنِي عَنْهُ، وَاقْدُرْ لِي الْخَيْرَ حَيْثُ كَانَ، ثُمَّ رَضِّنِي بِهِ

O Allah, I seek Your guidance (in making a choice) by virtue of Your knowledge, and I seek ability by virtue of Your power, and I ask You of Your great bounty. You have power, and I do not. You know, and I know not, and You are the Knower of the unseen. O Allah, if You know that this matter [mention the thing to be decided] is good for me in my religion, my livelihood, my worldly affairs, and in the hereafter, then decree it for me, make it easy for me, and bless it for me. And if You know that this matter is bad for me in my religion, my livelihood, my worldly affairs, and in the hereafter, then turn it away from me and turn me away from it, and decree for me the good wherever it may be and make me content with it.

[Sahih al-Bukhari #6382]