

Rewind and reflect

Episode 11

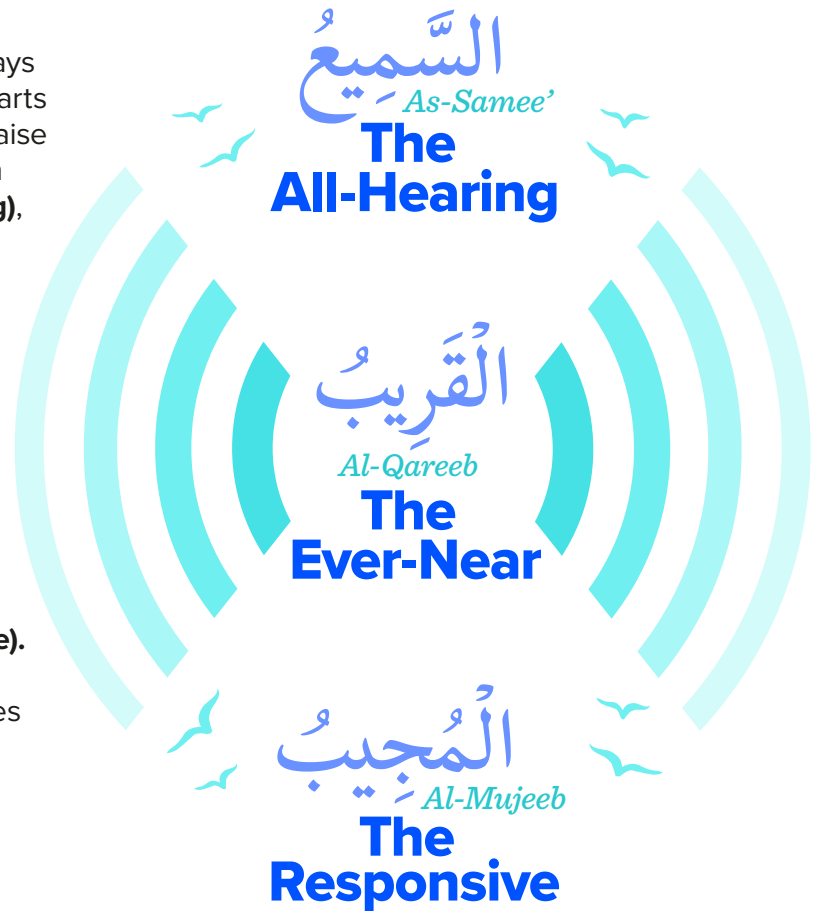
THE
NO ME
I NEED

Closeness

Before our lips even move, Allah is always listening. We call upon Him with our hearts and our voices, but we do not need to raise them, for He was never distant to begin with. He is **As-Samee'** (**The All-Hearing**), who hears everyone and everything. He hears the quiet *du'a* whispered in the dark, the secret, and the cries of the soul that no one else hears.

Allah does not merely hear us: He is **Al-Qareeb** (**The Ever-Near**), closer than our jugular vein. This nearness brings comfort to the believers and reminds them that they are never truly alone.

Allah is also **Al-Mujeeb** (**The Responsive**). Sometimes He gives exactly what we asked for (our *du'a*). Sometimes He gives something better (better than we could have ever asked for). And sometimes He changes us before He changes our circumstances (we realize that we were better off without it).



Conversation prompt

Discuss the following questions:

- 1 Think of a time you felt unseen or unheard by people. How would knowing that Allah is **As-Samee'** change the way you experience that moment?
- 2 Allah is **Al-Mujeeb**, who answers with wisdom. Have you ever made a *du'a* to Allah that wasn't answered the way you expected, but later realized His wisdom behind the delay or redirection?

Reflection

Allah is **Al-Qareeb**, near to us at all times, and we come closest to Him during our prostration (*sujood*).

Think of three *du'as* that you want to ask Allah for while in prostration. For the next three days, say these *du'as* during *sujood* in every prayer.

DIY *du'a* builder

Build **your own *du'a*** by filling in **the Name you need**, its meaning to you, and how you're calling upon Allah to meet a personal need.

O Allah, You are [the Name] _____
the One who _____

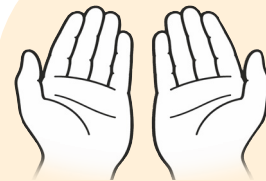
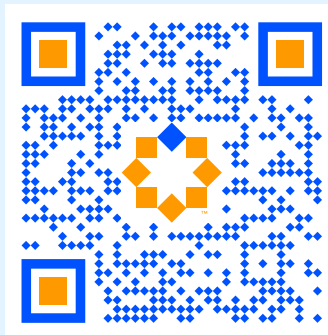
Please help me with _____

Example:

O Allah, You are **Al-Qareeb**, the One who is Ever-Near. Bring me nearer to You through submission and obedience, just as You bring near those whom You love.

We would love to hear from you

Please complete this brief survey to help us improve our discussion guides. All responses will remain confidential. Thank you for sharing your thoughts—may Allah guide us to the best possible Ramadan experience. Click here or scan this QR code.



Du'a from the Qur'an

Prophet Ibrahim's ﷺ *du'a*:

رَبِّ اجْعَلْنِي مُقِيمَ الصَّلَاةِ وَمِنْ ذُرِّيَّتِي
رَبَّنَا وَتَقَبَّلْ دُعَاءِ

My Lord! Make me one who establishes prayer, and from my descendants as well. Our Lord, accept my supplication.

[From Surah Ibrahim, 14:40]