

Rewind and reflect

Episode 10

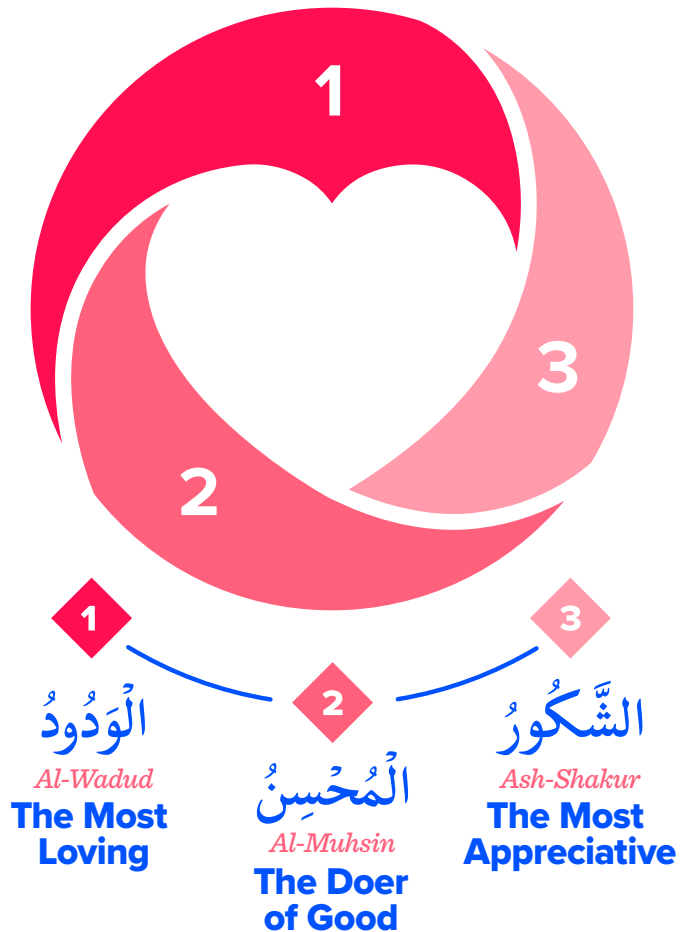
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NOME
I NEED

Love

Al-Wadud (The Most Loving) loves and acts on His love, announcing it in the heavens and allowing it to descend into the lives of His servants when they turn to Him and follow His beloved Prophet, Muhammad ﷺ.

Al-Muhsin (The Doer of Good) can never be outdone in goodness. Even when our prayers are distracted, our fasting is imperfect, or our charity feels small, He rewards far greater than what we can ever offer.

Ash-Shakur (The Most Appreciative) rewards even the smallest good deeds, thanking His servants for actions they may barely notice or remember doing, and multiplying them beyond measure. When gratitude transforms worship from something we have to do into something we want to do out of devotion and love, Allah increases not only our reward, but also our closeness to Him.



Conversation prompt

Allah is **Al-Wadud**, whose love is always shown through action. Share a time when you felt Allah's love. This can be just through a feeling that He created in your heart such as guidance, protection, ease, or reassurance. How did you respond to this form of love?

Reflection

Allah is **Al-Muhsin**, the One who is never outdone in doing good or returning good.

Today, try to outdo your own good doing. *Ihsan* requires doing more than the minimum. This could look like:

- ◆ Helping someone without being asked.
- ◆ Offering the best part of your food to someone else.
- ◆ Controlling your reactions when you feel angry.

Choose one act of *ihsan* today and do it sincerely for Allah's sake.

DIY *du'a* builder

Build **your own *du'a*** by filling in **the Name you need**, its meaning to you, and how you're calling upon Allah to meet a personal need.

O Allah, You are [the Name] _____
the One who _____

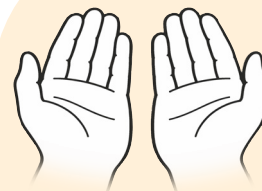
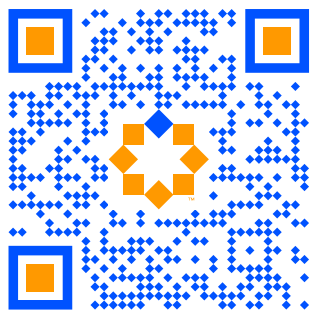
Please help me with _____

Example:

O Allah, You are **Ash-Shakur**, the One who notices and rewards even what I think is small. Help me recognize the blessings I am taking for granted, and help me become a grateful servant.

We would love to hear from you

Please complete this brief survey to help us improve our discussion guides. All responses will remain confidential. Thank you for sharing your thoughts—may Allah guide us to the best possible Ramadan experience. Click here or scan this QR code.



Du'a from the Sunnah

اللَّهُمَّ إِنِّي أَسْأَلُكَ حُبَّكَ، وَحُبَّ مَنْ يُحِبُّكَ،
وَحُبَّ كُلِّ عَمَلٍ يُقَرِّبُنِي إِلَى حُبِّكَ

O Allah, I ask you for Your love, the love of those who love You, and the love of every action that brings me nearer to Your love.

[Jami' at-Tirmidhi #3235]